

Condensation

Condensation is caused by moisture carried by warm air reaching a cold surface such as wall or glass. The water is deposited on that surface just as your bathroom mirror mists up when you have a hot bath.

If condensation is allowed to continue, it can damage your clothes, bedding and decorations. It can also cause mould growth.

How to get rid of moisture

Bathrooms and kitchens are especially prone to condensation.

If you are washing and drying clothes or bathing, make sure the room is properly ventilated.

Do not let steam stay in the bathroom. When you have had a bath, open the window or use the extractor fan if you have one.

When you are cooking, close the kitchen door and open a window. If you have an extractor fan or cooker hood – use it. (It will help to stop your kitchen getting dirty too.)

If you have an air brick or vent in the wall, do not block it or you will stop the moisture getting out.

You will help to avoid condensation by using the heating system installed in your home. If you are unsure how to operate the heating system, please contact us for advice. In very cold weather it is advisable to leave your heating system on low if you are out during the day. Click [here](#) for more useful information.
